

### VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

(An Autonomous Institution Affiliated to Madurai Kamaraj University)
[Re-accredited with 'A' Grade by NAAC]

Virudhunagar – 626 001

**Course Name: Bachelor of Science** 

Discipline : Zoology

**Self-Learning Course:** 

Subject	Credit	Ext =Tot	Subject Code
Human Anatomy and Physiology	5	100 = 100	U1ZYSL51

# SELF LEARNING HUMAN ANATOMY AND PHYSIOLOGY

Credit: 5 Subject Code: U1ZYSL51

**Total Marks: 100** 

#### Unit I

# **Digestion**

Human nutrition -Nutrional requirements for child hood, Pregnancy and lactation. Digestive system - Mechanism of digestion - Malnutrition-Kwashiakar disease.

### **Unit II**

# Respiration

Human respiratory system - Lungs mechanism of respiration - inspiration, expiration- Tidal volume-Vital capacity - Lung diseases - Asthma, Tuberculosis.

### Unit III

#### Circulation

Human circulatory system – Heart structure-Working mechanism of heart-Arteries, Veins in circulation - blood clotting process - Erthroblastosis foetalis, heart attack.

#### **Unit IV**

#### **Excretion**

Excretory system-Kidney, nephorn - Urine formation, Diuresis uraemia and Glycosuia, kidney stones.

# Unit V

# Reproduction

Male and female reproductive systems- Puberty-menstrual cycle-Fertilization- pregnancy-parturition-sperm bank, fertility control.

## **Text Book**

Text book of Animal Physiology – R.Nagabhusanam, 1999

#### Reference book

Human Physiology - Maltur